

Welcome to Lexington! We hope these resources are helpful. Have a happy and healthy 2020!
Please visit us online. Facebook: Lexington Community Coalition. Website: www.lexhere4you.org



Community Coalition
Town + Schools + Community

The Coalition supports alignment between municipal departments, public schools, and the community to promote wellness. Our goals are to:

1. Promote physical health and reduce alcohol and substance use
2. Promote mental health and reduce experiences of loneliness, depression, and suicidal thoughts
3. Promote intentional community action to celebrate our diversity
4. Promote a culture of collaboration and innovation to reduce unnecessary obstacles to success while promoting academic excellence

The Coalition reviews student responses on the Youth Behavior Risk Survey to monitor progress on each goal; identifies actions that the town, schools and community can take to help reach the shared goals; and helps promote communication between many stakeholders.



Lexington Public Schools (LPS)

Lexington Public Schools serve to inspire and empower every student to become a lifelong learner prepared to be an active and resilient citizen who will lead a healthy and productive life. Educators, staff, parents/guardians, and community members honor diversity and work together to provide all students with an education that ensures academic excellence in a culture of caring and respectful relationships. Learn more: lps.lexingtonma.org

Lexington's system-wide planning includes initiatives to improve social and emotional program supports for all students.

Several school programs address Coalition concerns. LPS has a multi-grade prevention program to provide information about the impact of alcohol and substance use.

The LPS School Health Advisory Council (SHAC) helps promote wellness programs and runs Lexington's Parent Academy. The high school's Students Against Destructive Decisions (SADD) club supports substance abuse prevention, including "Crash Day."

Coalition Recommended Reading



The Coalition supports community book discussions. Our 2019-2020 selection is *White Fragility*.

Previous books include: *Shut Up About Your Perfect Child*, *Beyond Measure*, *How to Raise An Adult*, and *The Good News About Bad Behavior*. Learn more on our website.

Town Traditions

The Town of Lexington is a vibrant and inclusive community with many historic traditions. Lexingtonians have also established new events to celebrate the diverse cultures and backgrounds of all residents. It is easy to get involved as a volunteer. Events are free. Save these dates:



MLK Day of Service – January 20, 2020

Patriots' Day – April 20, 2020 (Events begin Sat. April 18)
Memorial Day – May 25, 2020



Conservation land includes special places to visit and "unplug."
Explore ACROSS Lexington:
lexingtonma.gov/across-lexington

Community

Whether you are looking to connect with other community members, or for a special event, try visiting:

www.lexingtonma.gov/home/pages/community-event-calendars

Some privately run (and free) community-building events include:

Discovery Day – www.shoplexingtonfirst.com
Open Studios – www.lexingtonopenstudios.org

Additional places to visit and meet neighbors include:

Seasonal Farmers Market: www.lexingtonfarmersmarket.org
Free seasonal outdoor concerts, including summer concerts by the Bicentennial Band www.lexbichand.org/

Town Government – Lexington was **incorporated as a town in 1713**. Our local government has operated as a Town Meeting for over 300 years. Since 1929, Lexington has had a **representative Town Meeting**, with local elections held each March. You will have the opportunity to know the people who lead the town, as neighbors and community members. You can become involved by visiting public meeting, sharing your views with boards and committees, becoming a board/committee member, or running for office. Learn more on the Town website: lexingtonma.gov. Lexington has 9 precincts, with 21 people elected to represent each precinct as Town Meeting Members. The Town Meeting Members Association (TMMA) provides information about Town Meeting and access to a list of elected representatives on the web: www.lexingtonmma.org. Many local meetings are televised by LexMedia.org.

The following are elected positions. Local elections take place in March.

<p>Town Meeting Members</p> <ul style="list-style-type: none"> • 3-year terms • Annual meeting in March • Meetings are facilitated by the Town Meeting Moderator • Moderator is elected in town-wide election in March 	<p>Board of Selectmen</p> <ul style="list-style-type: none"> • Five members • 3-year terms <p>Set Town policy, recommend annual budget, and work with the Town Manager (who oversees daily operations)</p>	<p>School Committee</p> <ul style="list-style-type: none"> • Five members • 3-year terms <p>Set policies for LPS, oversee LPS budget, and hire/evaluate Superintendent (who oversees daily operations)</p>	<p>Planning Board</p> <ul style="list-style-type: none"> • Five members • 3-year terms <p>Housing Authority</p> <ul style="list-style-type: none"> • Provides affordable housing • Five-member Board of Commissioners (781) 861-0900
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The following are appointed positions.

<p>Appropriation Committee</p> <ul style="list-style-type: none"> • 9 members • 3-year terms <p>Capital Expenditures</p> <ul style="list-style-type: none"> • 5 members • 3-year terms 	<p>Sampling of Additional Committees, Boards, and Task Forces</p> <ul style="list-style-type: none"> • Human Rights Committee • Lexington Housing Assistance Board • Recreation Committee • Lexington Arts Council • Youth Commission • Tree Committee • Monuments and Memorials <p>Learn how to apply at www.lexingtonma.gov/boards</p>
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Community Resources – This is a selection of information that may be of interest. Follow our Facebook page for information about additional resources.

<p>Minuteman High School www.minuteman.org</p> <p>Minuteman is a regional vocational-technical high school that provides a wide array of educational programs. Lexington students may pursue high school coursework or attend Minuteman full time.</p>	<p>Lexington Neighbors and Newcomers Club</p> <p>An organized way to meet new friends, whether you have just moved to town or have had a life transition. www.lexington-newcomers.org</p> <p>Lexington Education Foundation www.lexedfoundation.org Provides grants for LPS projects.</p>	<p>Transportation Information</p> <p>School Transportation Department: (781) 861-2580</p> <p>Lexpress / local bus routes: lexingtonma.gov/lexpress/pages/route-maps-schedules</p> <p>MBTA (Bus routes) schedules: https://t.mbta.com/schedules</p>	<p>Selectmen's Fund for Lexington lexingtonma.gov/fund-lexington-board</p> <p>Community Endowment of Lexington Information on Facebook</p>	<p>Lexington Council for the Arts</p> <p>Promotes and funds community cultural activities to enhance quality of life for Lexington citizens. https://artslexington.wordpress.com/</p>
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School-Community Partnerships

- **Metropolitan Council for Educational Opportunities**
For 50 years, Lexington has participated in the METCO program, welcoming a diverse group of students from Boston. Information and resources can be found at: lps.lexingtonma.org/domain/553
- The **Lexington Field and Garden Club** helps first grade students learn the value of trees as part of their Arbor Day activities.



Free Mental Health referral service: William James College *INTERFACE*

•The *Lexington Symphony* includes an annual concert for students at Cary Hall.

•The *Town Meeting Members Association* works with the Social Studies Department to host an all-town 8th grade Mock Town Meeting for Clarke and Diamond students as part of civics education.

•*Lexington Community Education (LCE)* Seasonal catalogs delivered to every household list courses and speakers for all ages. LCE is part of the school department, and *Lexplorations!* offers youth summer programs: lexingtoncommunityed.org

Call 1-888-244-6843 Phone open Monday-Friday, 9am-5pm

(When you call, the welcome greeting will ask you to select an option for Interface.)

Or visit www.interface.williamjames.edu

INTERFACE provides resources and referrals for:

- Adults, children, and families
- Educators
- Mental health professionals

This service is free and confidential for Lexington residents.

When you call, INTERFACE will match you with licensed mental health providers based on your location, insurance, and needs.

This Resource Map is current as of 1-14-2020. Information is subject to change. Please visit our website for updates. www.lexhere4you.org